The City and Borough of Juneau Local Emergency Planning Committee, in partnership with Capital City Fire/Rescue, Bartlett Regional Hospital, and Juneau Emergency Programs are hosting a

FREE COMMUNITY EMERGENCY RESPONSE TEAM (CERT) TRAINING COURSE • APRIL 2015

Training is open to anyone in Juneau who would like to become part of the CERT Team or learn valuable emergency response skills. Participants under the age of 18 must be accompanied by an adult.

YOU MAY REGISTER FOR ANY ONE OR ALL THE SESSIONS

This course includes hands on training in the following areas:

**Session 1 – Tuesday, April 7th 6:00pm-9:00pm/BRH Board Room (2 1/2hr)** Potential disasters in our local community, individual and family emergency preparedness, and "how to" information on non-structural hazard mitigation.

**Session 2 – Tuesday, April 14th 6:00pm-9:00pm Location TBA (2 1/2hr)** Basic fire suppression techniques. Best practices, fire extinguisher types and usage. Participants will extinguish a fire and begin developing self-confidence and teamwork.

**Session 3/4 – Saturday, April 18th 9:00am-1:00pm/BRH Board Room (4hr)** Disaster medical operations, triage, transportation, treatment area management, head-to-toe patient evaluation with recognition of and treatment of life threatening and non-life-threatening injuries.

**Session 5/6 – Tuesday, April 21st 6:00pm-9:00pm/BRH Board Room (2 1/2hr)** Light search and rescue operations, limitations, safety concerns, search, evacuation, and rescue techniques, mechanical advantage, and basic cribbing.

**Session 7 – Thursday, April 23rd 6:00pm-9:00pm/BRH Admin. Classroom 204a/b (2 1/2hr)** Incident Command System (ICS) teamwork, organization, and planning.

**Session 8 – Tuesday, April 28th 6:00pm-9:00pm/BRH Admin. Classroom 203/204b (2 1/2hr)** Terrorism, our risks, impacts, and best responses to a terrorist incident. The emotional environment and psychology of a disaster.

**Session 9 – Saturday, May 2nd 9am-1:00pm/BRH Board Room (4hr)** Course review and simulated Disaster Exercise. Participants will apply the principles they have learned in a simulated disaster. This exercise will dramatize the multi-functional training approach, as well as promote team reliance.

**Graduation Ceremony & Pot Luck – TBA** at the CBJ Assembly Chambers 155 So. Seward Street.

**PLEASE PRE-REGISTER** to insure we have enough materials available.

For more information contact Mike Lopez at 796-8989
To register email: mlopez@bartletthospital.org

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