



## Rejoicing in Recreation

### Youth Basketball Registration

Our youth basketball program will begin registration on November 7, and run through November 23, 2016. This is for ages 5-14 and all abilities. If you have never played before, we're a great program to get your feet wet.

Our program is divided into leagues based on gender and age, though occasionally low numbers force us to combine divisions. We have found that dividing the leagues by gender and age has increased the confidence of both boys and girls, and increases the amount of team building between the kids. All our teams are coached by parent volunteers as this help keep our programs affordable for everyone.



The Pee Wee basketball division is for ages 5-6 and is run by members of the Parks and Recreation staff, parent volunteers and help from the Thunder Mountain basketball teams. The emphasis for this age group is skill building, learning the very basics, sportsmanship and how to scrimmage. The kids meet for 6 weeks on Saturday mornings. This year, we will offer the Pee Wee program split into a boys program and a girls program.

7-8 boys and girls division builds on the skills established in the Pee Wee program, though it is not necessary to have gone through it. The kids have practice one night a week and a game on Saturday. The game is a controlled scrimmage, with the coaches on the floor acting as referees and guiding play. The focus is on learning the rules, skill building and sportsmanship.

9-10 boys and girls division increases in skill building as well as competition. This division has players from the TM teams working with the kids as referees. The kids have practice one night a week and a game on Saturday.

The 11-12 & 13-14 league builds on everything the kids have learned over the course of their time in basketball and gives them a chance to have an end of season tournament.

The cost of the Pee Wee program is \$35 and the basketball league is \$55. Registration after November 23 will include a \$10 late fee. You can find the forms at our website <http://www.juneau.org/parkrec/youth/y-bball.php> and fax/email/mail/walk in to register. Online registration will be available; go to our main page <http://www.juneau.org/parkrec/> and follow the eTrak link.

### November 2016

#### Upcoming Events:

- *PRAC meeting Tuesday, November 1 at 6pm in the Assembly Chambers*
- *Youth Activity Board meeting Tuesday, November 8 at 5:30pm in City Hall room 224*
- *Youth Basketball registration begins November 7*
- *Aquatic Board Marketing/ Finance Committee TBA*
- *Aquatics Board meeting, TBA*

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## **Treadwell Arena**

November is always an exciting month at Treadwell Arena! Are you interested in learning to skate? Join the Juneau Skating Club for their second, 6-week session of Learn to Skate lessons Oct 28-Dec 10. Support the JDHS JV and Varsity hockey teams facing off at home vs Wasilla on Nov 5 & 6 and Nov 18 & 19 vs Hutchinson. Registration is going on now for Juneau Adult Hockey Association (JAHA) 2-week holiday season. Youth hockey has begun, but you can still sign up for the Intro to Hockey program with Juneau Douglas Ice Association (JDIA). Maybe you are more of a spectator; Treadwell will also be hosting the annual Women’s Jamboree Hockey Tournament Nov 11-13. Come cheer on your local favorites and visitors alike during this fun-filled tournament! As always we have lots of open skating and drop in hockey for recreational skaters and those of you that might want to hone in your skills. Mark your calendars for our 10<sup>th</sup> Annual Disco Turkey Bowling on Wednesday, November 23 6:30-8:00pm. Santa & his merry elves will be stopping through on Friday, November 25 7:45-9:00pm-This is a FREE skate and is sponsored by the Douglas 4<sup>th</sup> of July Committee and will directly follow the Douglas tree lighting event at the Methodist Church. ~See you at the rink!



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## **State Swim Meet November 4 & 5**

Dimond Park Aquatic Center will host the 2016 Alaska State High School Swim & Dive Championship meet on November 4 and 5. This is only the second time it has been hosted outside of Anchorage in the 40 years that swimming has been a high school sport and we are proud that both times were held here. Currently, Juneau is slated to host the championship meet every 3 years. Our staff has been hard at work preparing the facility to host this incredible event.

The State Championship will take place over two days, with a variety of events happening each day. Individual events as well as team-relay swim events and a dive competition are featured. Over 250 athletes from nearly 30 teams across Alaska qualified to compete. Representing Juneau’s High Schools, Thunder Mountain High School and Juneau-Douglas High School will have 25 swimmers and divers competing. The word is that a lot of state records and personal bests will be broken during this year’s championship. The Alaska School Activities Association (ASAA) has a full list of events and times on their website <http://asaa.org/activities/swim-dive/>

This is a cooperative effort with the Glacier Swim Club, JDHS & TMHS swim teams and CBJ with hundreds of volunteers helping with the setup and running the event. ASAA will have certified swim and dive officials and judges from across the state. Juneau, and more specifically GSC and the high school teams, have a reputation for hosting top notch events in our Juneau Parks & Rec pools. We want to say “Thank You!” to the coaches, volunteers and businesses who have helped to make this event a success.

Tickets are available for purchase at the door on the opening day. Admission for adults is \$10, \$5 for students and those 65 and older or 6th grade and younger can get in free. If you can’t make the event but still want to catch up on the action, JDHS video club will live stream the event. You can watch it at <http://jdhsvideo.org/>.

In preparation for the event, DPAC will be closed starting at 2pm on Thursday and will remain closed to the public. Augustus Brown Pool will have regular operating hours as well as an additional open lap swim on Saturday afternoon.

On Sunday, DPAC will open again for its regular operating hours.





## Start Smart Basketball

The Start Smart program is for children ages 3-4 and creates a safe learning atmosphere for kids to be themselves while playing sports. The Start Smart Basketball Program is a proven instructional program that prepares children for the world of organized sports without the threat of competition or the fear of getting hurt. It is a six week, one hour per week program where the parents work with their child in a supportive environment to learn the basic skills: Dribbling, catching, passing, shooting, and agility. **Each child will receive a t-shirt and a participant manual to keep.**



Start Smart Basketball will have two sessions to choose from: a valley session on Mondays at Riverbend Elementary school that runs January 9-February 13, and a downtown session on Tuesdays at Harborview Elementary that runs January 10-February 14 .

The program has 4 stations at which the child works on a skill for 5 minutes with their parent/guardian/adult in their life. Our coordinator works with the parents to help them and their child on the skill. We work on proper ball handling, dribbling, shooting and agility.



## eTrak-plus Customer Portal is live!

Our customer portal is live and now has the option to register for a select group of activities online. There is no convenience fee associated with this process.

Currently, you can buy aquatics passes, Treadwell arena passes, register for youth sports and swim lessons as they become available.

We will also have the ability to send out text messages to our participants if a class is cancelled or has been moved to a different location. This is an option that you can sign up for.

Our guests will also only need to have 1 master pass to access both pools and Treadwell. And, as a way to facilitate a faster check in, you will have the option of checking in at a facility with a finger scan. These scans are not stored in any way, nor can they be accessed by outside entities.

If you haven't created an account yet, please go to our website and follow the link by clicking on the eTrak logo. You can register all members of your family, update information, check the balances on your punch cards and control your account. If you have questions, give us a call at 586-5226.



Like us on Facebook to get the most current information on our programs and facilities!



### Zach Gordon Update

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Fall 2016

Fall is in full swing around here and our busiest hours are afterschool. We have been full with students playing basketball, foosball and pool, doing homework, rock climbing, eating, working out and generally just having fun!

We are excited to be offering a voter education series in partnership with the League of Women’s Voters. Beginning on Sept 21<sup>st</sup>, the series will have four sessions and include the showing of films as well as a visit from Byron Mallott as well as Juneau’s Legislative Candidates. Voter registration will also be available.

We are also embarking on a series of free rock climbing classes this fall! Registration is open now, so please stop in if you’re interested!

BAM is off and running and we are excited to be partnering with Sealaska Heritage this year to offer culture based arts programming at both middle schools! This will be a great addition to our offerings.

The new Wellness Center space is up and running! We will begin offering programming with partner organizations starting in October. These will include parenting classes, cooking classes, story time and more!

We have filled our youth outreach position. We are looking forward to working closely with the schools and partner organizations to ensure that homeless youth, or those otherwise struggling, are connected to needed resources.

### Centennial Hall Happenings

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**Tuesday 11/1/16** 7am-6pm Juneau Baha’i Faith event

**Wednesday 11/2/16** 8am-3pm Big Brothers Big Sisters Dream Big Luncheon

**Wednesday 11/2/16** 5pm-9pm AGP Wealth Advisors Dinner

**Thursday 11/3/16** 5pm-8pm Juneau Ski Club Ski Sale Drop Offs

**Friday 11/4/16** 4:30pm-8:30pm Juneau Ski Club Ski Sale Drop Offs

**Friday 11/4/16** 4pm-8:30pm Eaglecrest Seasons Pass Sales

**Saturday 11/5/16** 7:30am-9:30am Juneau Ski Club Ski Sale Drop Offs

**Saturday 11/5/16** 10:00am-1:00pm Juneau Ski Club Ski Sale

**Saturday 11/5/16** 8am-2pm Eaglecrest Seasons Pass Sales

**Friday 11/11/16** 11am-12pm Veterans Day Ceremony

**Friday 11/18/16** 6pm-11pm SE AK Board of Realtors Annual Dinner

**Saturday 11/19/16** 6pm-10:30pm Trail Mix Annual Dinner

**Thursday 11/24/16** Thanksgiving Centennial Hall closed

**Friday 11/25/16** 12pm-7pm Public Market

**Saturday 11/26/16** 10am-5pm Public Market

**Sunday 11/27/16** 10am-5pm Public Market

